

Resources on ACEs/Trauma

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Resources available from web

ACEs and Toxic Stress: Frequently Asked Questions -

<https://developingchild.harvard.edu/resources/aces-and-toxic-stress-frequently-asked-questions/> A terrific infographic from Center on the Developing Child- Harvard University

Supporting Brain Development in Traumatized Children and Youth

<https://www.childwelfare.gov/pubpdfs/braindevtrauma.pdf>

- Supporting Brain Development in Traumatized Children and Youth. The content addresses the importance of parent child interaction and includes strategies that we can all use. Don't be put off by the title.

Helping Young Children Who Have Experienced Trauma: Policies and Strategies for Early Care and Education <https://www.childtrends.org/publications/ecetrauma>

- Child Trends & National Center for Children in Poverty. This report shares policies and practices that can support young children with ACES within the community. It includes an extensive reference list of additional relevant resources.

Infant Mental Health and Early Care and Education Providers

http://csefel.vanderbilt.edu/documents/rs_infant_mental_health.pdf

Research Synthesis Infant Mental Health and Early Care and Education Providers. Updated research and resources focusing on the importance of social emotional development and strategies to promote infant mental health in general.

Trauma-sensitive Schools: <https://traumasensitiveschools.org/becoming-a-trauma-sensitive-school/>

Spokane Regional Health District: <https://srhd.org/1-2-3-care-toolkit>. A Trauma-Center Toolkit for Caregivers of Children. (Great resource for interventions).

Websites:

Child Trauma Academy - <http://childtrauma.org/>

Reaching for Breakthroughs with Science-Based Innovation -

<https://developingchild.harvard.edu/> Your first stop for information. If you are interested in this content, join their email list and stay up to date with the new materials they add. It is amazing.

ACEs Connection: <https://www.acesconnection.com/> A worldwide community of individuals interested in supporting the use of trauma informed-resilience building practices.

National Center for Trauma-Informed Care: <https://www.nctsn.org/trauma-informed-care>

Harvard Center on the Developing Child: <https://developingchild.harvard.edu/science/key-concepts/toxic-stress/>

Zero to Three: <https://www.zerotothree.org/resources/398-trauma-informed-practice> Zero to Three is a national organization for children, early education and care and with special attention to their physical and mental health development.

Child Trends - <https://www.childtrends.org/> -is a leading nonprofit research center dedicated to improving children's lives. Resources include supports to children who are racially diverse as well as those living in poverty.

The National Center for Pyramid Model Innovations
<https://challengingbehavior.cbcs.usf.edu/> National Center for Pyramid Model Innovations is a new center funded by Office of Special Education Programs to support social emotional practices for young children.

Early Childhood Trauma - <https://www.nctsn.org/what-is-child-trauma/trauma-types/early-childhood-trauma> A growing body of research has established that young children may be affected by events that threaten their safety or the safety of their parents/caregivers, and their symptoms have been well documented.

The National Child Traumatic Stress Network - <https://www.nctsn.org/what-is-child-trauma/trauma-types/refugee-trauma/about-refugees> Extensive website with many resources, a number specific related to forced migrants/refugees.

Videos

ACEs Primer - KPJR Films, which came out with Paper Tigers in 2015 and Resilience in 2016, put together this five-minute overview of the ACE Study.
<https://vimeo.com/139998006> It is an excellent short overview that provides enough background to gain basic understanding of the core concepts and an excellent foundation for digging deeper.

The Adverse Childhood Experiences Study (ACE Study) -
https://www.youtube.com/watch?v=v3A_HexLxDY
Three-minute trailer for a four-hour CD of interviews with ACEs researchers produced by the Academy on Violence and Abuse. The trailer gives you a look at the people behind the original ACES study and helps to anchor the importance of everyone's participation in this field.

How childhood trauma affects health across a lifetime | Nadine Burke Harris:
<https://www.youtube.com/watch?v=95ovIJ3dsNk&t=182s> This is the best TED Talk ever

by a leading advocate for the continued research in ACES. (16-minute TED Talk by Dr. Nadine Burke Harris)

Three Core Concepts in Early Development -

<https://developingchild.harvard.edu/resources/three-core-concepts-in-early-development/>

"Three Core Concepts in Early Development" from the Center and the National Scientific Council on the Developing Child. The series depicts how advances in neuroscience, molecular biology, and genomics now give us a much better understanding of how early experiences are built into our bodies and brains, for better or for worse. Healthy development in the early years provides the building blocks for educational achievement, economic productivity, responsible citizenship, lifelong health, strong communities, and successful parenting of the next generation. It is well done and can easily be shared with others on your team.

Trauma-sensitive Schools: <https://traumasensitiveschools.org/becoming-a-trauma-sensitive-school/> A number of videos on how trauma affects learning and behavior.

Books

Alexander, J. (2019). *Building trauma-sensitive schools*. Baltimore: Brookes.

Blaustein, M.E., & Kinniburgh, K.M. (2019). *Treating traumatic stress in children and adolescents*. New York: Guilford.

Osofsky, J. (2011). *Clinical work with traumatized young children*. New York: Guilford.

Osofsky, J.D., Stepka, P.T., & King, L.S. (2017). *Treating infants and young children impacted by trauma*. Washington, DC: American Psychological Association.